

DOLPHINS BRONZE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM		7:00-7:45 (Madi)		7:00-7:45 (Madi)		
PM						

DOLPHINS SILVER

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM						7:45-8:30 (Madi)
PM		4:15-5:00 (Drew)		4:15-5:00 (Drew)		

DOLPHINS GOLD

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM						
PM	4:15-5:00 (Cam)		4:15-5:00 (Cam)		4:15-5:00 (Cam)	

JUNIOR DEVELOPMENT

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM						
PM	4:15-5:15 (Drew)	4:15-5:15 (Cam)	4:15-5:15 (Drew)	4:15-5:15 (Cam)	4:15-5:15 (Drew)	

JUNIOR STATE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM						
PM	5:15-6:45 (Drew)	5:00-6:30 (Cam/Drew)	5:15-6:45 (Drew)	5:00-6:30 (Drew)	5:15-6:45 (Drew)	

JUNIOR PERFORMANCE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM				5:30–7:30 (Drew)	Gym (Allie) 5:00-6:00 Swim (Drew) 6:00-7:30	6:30–8:30 (Cam / Drew)
PM	5:15–6:45 (Drew)	5:00–6:30 (Drew)	5:15–6:45 (Drew)		5:15–6:45 (Drew)	

NATIONAL OPEN

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	5:30 -7:30 (Cam)	5:30-7:30 (Cam)		5:30-7:30 (Cam)	Sprint - Mid Distance Gym (Allie) 5:00-6:00 SWIM (Cam) 6:00-7:30 Distance Swimmers SWIM (Cam) 5:30-7:30	6:30–8:30 (Cam)
PM	5:00-7:00 (Cam)	Gym (Allie) 4:15-5:15 Swim (Cam) 5:15-6:15	5:00-7:00 (Cam)		5:00-7:00 (Cam)	

STATE AGE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	5:30-7:00 (AJ)		5:30-7:00 (AJ)		5:30-7:00 (AJ)	8:30-10:00 (Madi)
PM		5:15-6:45 (Madi)		5:15-6:45 (Madi)		

ADULT & SURF

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	5:30-7:00 (AJ)		5:30-7:00 (AJ)		5:30-7:00 (AJ)	8:30-10:00 (Madi)
PM		5:15-6:45 (Madi)		5:15-6:45 (Madi)		